



YOGEESH ASHRAM

A Place for Total Transformation

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Be a Siddha

Acharya Shree Yogeesh

A Saint had a very curious disciple who was constantly asking questions. One day, he asked his Guru, why he would not give him a magic stick. He thought, if he had one, he could improve and learn much faster. The Guru told him the stick would be inconsequential and would not help him understand or learn any faster. The magic stick would not do anything for him. The disciple wanted to see his inner self and so, he kept on insisting.

One day, the Guru, happy to see his disciple's desire to go deeper within, he finally gave him the magic stick. The disciple at once began to use the stick on people. Whatever direction he pointed the stick, he could see everyone's inner side and to his surprise, he saw only their lower qualities. He began to see that everyone was full of anger, full of pride, full of greed, full of ego, full of cruelty and full of violence. Every time he moved his stick towards people, he could see that their inner sides were filled with garbage. He became very unhappy. It was so sad for him to be witnessing everyone's lower qualities. His attitude changed and he began to think that human beings were not humans at all, but worse than animals. He saw the true colors of human beings which, up to now, he had been totally unaware of. His sadness became intense because he did not find a single good person.

Being so unhappy, he decided to go back to his Guru. He needed an explanation and the Guru had shed light on his past actions, "You pointed the stick towards others instead of towards yourself." Then he took back the magic stick and pointed it at his disciple. Instantly the disciple saw in himself with the same garbage he had seen in others, he, too, was full of lower qualities. "You needed to see yourself and work on yourself," the Guru told him. "If you work at improving yourself, your consciousness will rise. You have to work on yourself to eliminate your lower qualities and only then, you will get higher. Only you can do this and no one else."

You must put a lot of effort to improve your higher qualities and become a Siddha or a liberated Soul. To become a Siddha should be our goal. Siddha means liberated Soul, liberated from all lower qualities. Once you become Siddha you will no longer carry anger, ego, jealousy and pride. Such lower qualities will no longer have any power over you and you will not have to battle your inner nor outer enemies. A liberated Soul is a pure Soul. God is a pure Soul, bodiless and formless. Karma is no longer heavy upon you. When Karma is dissolved, all suffering is over. A liberated Soul is in eternal bliss and eternal ecstasy. Work on yourself and make this your goal.

Summarized by Daniela Romero

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After three years of tremendous effort by founder, Acharya Shree Yogeesh, Siddhayatan has become a reality. Siddhayatan will be a full featured spiritual pilgrimage site, which offers a place for all to meditate on holy grounds, in addition to learning spiritual discourses, meditation, yoga, and engage in self-improvement workshops. At a critical point in the expansion of Yogeesh Ashram, we thank all who contribute and support the ever-expanding transforming works of Acharya Shree . Without your help, this reality could not happen.

Donations

July 2008 Contributions:

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