



YOGEEESH ASHRAM & SIDDHAYATAN

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Fear is the Result of Ignorance

Acharya Shree Yogeesh

Founder, Yogeesh Ashram & Siddhayatan Tirth

There are seven kinds of fear:

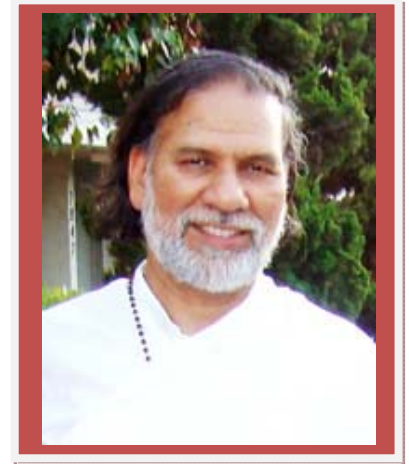
- human versus human
- fear of animals & animals versus other animals
- fear of thieves or stealers
- fear of the dark
- fear of suffering, disease or pain
- fear of dying
- fear of disrespect from others

Humans are always living in fear. Animals by nature are aware of death but not aware of life. Humans are aware of life but not of death. They need to be aware of both. If they become aware of both, humans will not have the experience of death because we don't really die. Memories will carry on after the physical process of death. When the fear is gone, physical death will not affect us.

Even if humans are protected there is still fear whereas animals don't really have protection from external dangers, their fears are more real. Humans fear the dark yet dark is the only real existence. Light is artificial. People need to go deep into the dark and peel all the layers of darkness to expose the light. If you want to make yourself strong, go beyond fear. When a person makes others fearful he is also fearful.

In the soul there is tremendous and unlimited power but it is hidden. Once you bring it up you will realize that power has always been there. You might connect with the soul once you go beyond your fears. Real self-realization is a backward journey into darkness. You have to search yourself in the dark.

Summarized by Eileen Shahbazian



DONATIONS

JULY 2009

Nidhi & Pramod Jain (Cypress, CA)	\$2,100.00
Shalu & Ajay K. Jain (CA)	\$350.00
Sallie Ann Salazar (GA)	\$200.00
Anita & Rakesh (NJ)	\$100.00
Manju & Sudesh Arora (Dallas, TX)	\$100.00
Wanda Holmes (Windom, TX)	\$100.00
Rama & Sumat Jain (Corona, CA)	\$51.00
Kanchan & Anil Chugh (CA)	\$31.00
Gitika & Vinay Jain (Ontario, CA)	\$31.00
Eileen Shahbazian (Corona, CA)	\$30.00

BECOME A MEMBER TODAY!

Life Member:	\$5100
Annual Member:	\$551
Monthly Member:	\$51

Payable to SIDDHAYATAN TIRTH

Thank you to all who support Yogeesh Ashram & Siddhayatan Tirth.

Siddhayatan Tirth and Yogeesh Ashram are registered Non-Profit Organizations. Donations are tax-deductible.

With the recent completion of the Mandir and Family Cabin, Siddhayatan will now focus its development plans on offering accommodations to adult and children retreat participants.

Siddhayatan is seeking individuals or families that would like to give a donation and provide sleeping facilities.

Thus far, **seven rooms** have been committed to. As a sign of appreciation, the private room will be dedicated to the donor and his/her name will be placed on a plaque inside the room.

Renovation will begin Winter 2009 with your help.

Please call (903) 487-0717 for more information.



Acharya Shree Yogeesh delivers a lecture in Cypress, California. Photo by Shunta Kobayashi

TRAVEL TO INDIA

Acharya Shree will be taking a group of devotees to Yogeesh Ashram (Delhi, India) this fall.

Devotees will be able to participate in daily satsang, yoga, meditation, mantras, breathing exercises, and listen to spiritual discourses.

Devotees will also have the opportunity to travel to different parts of India, and embrace and absorb the spiritual vibrations of special places.

For travel dates and costs, please email info@siddhayatan.org.

SIDDHAYATAN

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WEBSITES:

www.SIDDHAYATAN.org

www.YOGEESHASHRAM.org

www.YOUTUBE.com/YogeeshAshram