



YOGEESH ASHRAM & SIDDHAYATAN

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Two Mistakes in Human Life

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In the life that humans acquire, two mistakes are dominant in their experience of the world:

- ignorance
- and hiding from the mistake or refusing to acknowledge the ignorance

In reality, mistakes are natural because we are human. They will happen. But the fact that as humans with ability to observe ourselves yet choosing to hide from the mistake and not acknowledge our ignorance which created the mistakes, is the biggest sin. Ego is what prevents a person from correcting the mistakes. Never think that you cannot make a mistake. Unless you are enlightened you will always fall into it. When mistakes are acknowledged it creates awareness and awareness opens the door to correcting our mistakes. In order to develop as humans we need to improve ourselves. Improving means: first accepting that out of ignorance we made the mistake and second, becoming aware of the mistake. That awareness will destroy the ignorance.

It is important to realize that behind the mind, thoughts and the body there is the soul. The soul is that which knows. You are not mind, thoughts or body. You can use the mind, thoughts and the body to come closer to the soul.

You can ask yourself, 'what is it behind my thoughts or my body that allows me to observe myself and know?' It is the soul, that awareness that opens all knowing. Once this knowing is unlocked, there is no need to ask about God or about anything else. It is already there. Let us say that you are looking for your pencil. You search everywhere but you cannot find it. Suddenly, after a long time you realize that the pencil is behind your ear. This is how the soul is hidden behind your mind, thoughts and your body. It is as though you are looking for a lost pencil not realizing that it has been there always but somehow forgotten.

The soul is ever present just waiting to be realized. Awareness is the key to unlocking the mystery of the soul. But because we are so deep in sleep we are unable to awaken awareness. To know the soul, one needs to awaken in awareness.

Summarized by Eileen Shahbazian



CONSTRUCTION NEWS

With the recent completion of the Mandir and Family Cabin, Siddhayatan will now focus its development plans on offering accommodations to adult and children retreat participants.

Siddhayatan is seeking individuals or families that would like to give a donation and provide sleeping facilities.

Thus far, **seven rooms** have been committed to. As a sign of appreciation, the private room will be dedicated to the donor and his/her name will be placed on a plaque inside the room.

Renovation will begin Winter 2009 with your help.

Please call (903) 487-0717 for more information.



*Acharya Shree Yogeesh delivers a lecture in Corona, California.
Photo by Shunta Kobayashi*

DONATIONS

AUGUST 2009

Dr. Purnima & Mayur Kothari (NY)	\$4,000.00
Pooja & Surendra Sahini (NY)	\$1001.00
Gita & Dinesh Sood (NY)	\$1001.00
Lalita Ben Gajjar (NY)	\$500.00
Dr. Shubha & Sanjeev Jain (CA)	\$301.00
Sawarna Puri (NY)	\$200.00
Rashmi & Vijai Jain (Dallas, TX)	\$153.00
Jagmohan & Vimal Suri (NY)	\$150.00
Anita & Rakesh (NJ)	\$100.00
Manju & Sudesh Arora (Dallas, TX)	\$100.00
Wanda Holmes (Windom, Tx)	\$100.00
Ulka & Abhya Kothari (NY)	\$100.00
Neelam & Pramod Munjal (NJ)	\$51.00
Pratibha & Ravi Gaur (NJ)	\$51.00
Shubhangi & Shashi Mulay (NJ)	\$51.00
Neeru and Virendra Ahuja (TX)	\$51.00
Kanchan & Anil Chugh (CA)	\$31.00

BECOME A MEMBER TODAY!

Life Member:	\$5100
Annual Member:	\$551
Monthly Member:	\$51

Payable to **SIDDHAYATAN TIRTH**

Thank you to all who support Yogeesh Ashram & Siddhayatan Tirth.

TRAVEL TO INDIA

Acharya Shree will be taking a group of devotees to Yogeesh Ashram (Delhi, India) this fall.

Devotees will be able to participate in daily satsang, yoga, meditation, mantras, breathing exercises, and listen to spiritual discourses.

Devotees will also have the opportunity to travel to different parts of India, and embrace and absorb the spiritual vibrations of special places.

For travel dates and costs, please email info@siddhayatan.org.

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